



Safety Instructions and Tips for Team Leads

Before the cleanup, please prepare your team:

Have all volunteers read and sign the waiver.

- Instruct your team to sort *recyclables* separately in the clear bags (one for cardboard and dry paper; one for plastic, glass and metal cans).
- Put *garbage* (including candy wrappers, Ziploc bags, and chip bags) in the orange bags.
- *Garden waste* (weeds, trimmings, leaves), paper coffee cups, and wet paper goes in the brown bags. Please don't put stones or dirt in the brown bags, and if the bag gets too heavy to lift, start a new one. Maximum weight 50 pounds.
- If you find *bulk items* (too big to fit in a bag like furniture, vehicle parts, construction waste, other heavy items), leave it in the alley and report to 905-546-2489 as illegal dumping, then list it on the summary sheet. If the item is large but not heavy, you may take it to the curb and enter the location on the summary sheet.
- Place all bags at the end of the alley near the sidewalk on the nearest main street - makes the special Saturday pickup as quick and easy as possible.

HEALTH AND SAFETY INFORMATION

- Volunteers under the age of 18 should be supervised by an adult.
- Use caution when handling sharp objects – if unsure, leave them alone. Receptacles are provided for syringes – pick them up carefully and drop them in the container.
- No drugs or alcohol.
- Dress appropriately:
 - Wear closed-toed shoes (no sandals)
 - Protective gloves
 - Long sleeves and long pants (to avoid scratches and contact with prickly weeds).
 - No hanging jewellery, scarves, or loose clothing
 - Sunscreen and a hat will protect you from the sun.
 - Keep hydrated and use hand sanitizer before eating.
- **Do not pick up anything that could be hazardous to health**, including discarded condoms, urine bottles or other drug-related or harmful materials that could cut, puncture or cause infection, jagged or broken glass, sharp objects, animal carcasses, or items too heavy to lift. Please report these items to the team leads or call Brenda at 289-933-4810. Properly trained and qualified professionals will remove them safely.

INSTRUCTIONS FOR SAFE DISPOSAL OF NEEDLES

- Children must never handle a discarded needle. Please instruct children to tell an adult if they find syringes, or any other sharp objects, such as broken glass or metal with edges.
- Take the plastic “sharps” container to the site, plus pliers or tongs if you prefer to use them. Place on a stable surface.
- Use the pliers/tongs to carefully pick up the needle, or carefully pick up with a gloved hand without touching the sharp end.
- Hold the needle away from you and please don't wave it at others.
- Carefully put the needle in the container, needle end first.
- Close the container tightly. Wash your hands, or use hand sanitizer.

We recommend that you watch the video and do the quiz on our website www.beautifulalleys.ca to be prepared [Safety | Beautiful Alleys](#)

If you find needles at times other than the cleanup day:

- **Please do not** dispose of needles in your household garbage or blue box. You can safely dispose of needles by calling Community Points Needle Retrieval Program at 905-546-CITY (2489) or take them to a fixed site for needle disposal:

GARBAGE DISPOSAL

You have several options to dispose of the bags you collect:

- Take your orange bag home and place it with your regular garbage. There is no limit for orange or yard waste bags
- Please designate your drop point for waste management to track. We will need a GPS locate or a detailed description
- Please give us an estimate of how many bags there may be in your spot
- Bulk garbage will be picked up later. We will need a description of the bulk item and an address. i.e couch behind #123 Street Name
- Waste should always be placed on a main street at the end of the alley/area. Trucks will not enter the alleys
- Garbage left at city cans in parks **cannot** be picked up until summer students are hired

We may have disposal bins located in areas where you can take them. Call 289-933-4810 for details or email hamiltonalleys@gmail.com